

THE ALPHA STEPS FOR CHANGE:

- A** We become **AWARE** of our life issues
- L** We **LEARN** how to face and resolve them
- P** We **PLAN** to cope with them in the future
- H** We seek **HELP** from others to assist our effort
- A** We **ACCEPT** who we are today as we work toward a better tomorrow

For Additional information about the ALPHA Program, or to check participant eligibility contact:

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ALPHA



Maricopa County
Sheriff's Office
Jail Based Outpatient Substance
Abuse Treatment Program



Sheriff Joseph Arpaio

ALPHA PROGRAM DESCRIPTION

ALPHA is an intensive, 16 week, substance abuse treatment program offered to sentenced male and female inmates by the Maricopa County Sheriff's Office. ALPHA consists of treatment preparation, group therapy sessions, GED, Workforce Development, Anger Management, Parenting, Thinking for a Change, Domestic Violence, Self-Esteem, and Transition Planning. Master's level Counselors facilitate group sessions. Random drug testing is also a part of the process.

ALPHA addresses the following Criminogenic Needs:

- ◆ Alcohol and Drugs
- ◆ Attitude
- ◆ Education
- ◆ Criminal behavior
- ◆ Family and Relationships

ALPHA PROGRAM REQUIREMENTS

- ◆ Fully Sentenced (without holds)
- ◆ General Population
 - * Closed Custody, NOC, and Administrative Segregation inmates are not eligible to be screened.
- ◆ Proxy Scores of 4-6 receive priority
 - * Scores of 3 then 2 will be screened if space is available
 - * Scores of 0 and 1 are ineligible
- ◆ Must have a current OST or FROST with a need identified in the Drug or Alcohol Section
- ◆ Must complete an intake and be recommended for treatment by an MCSO ALPHA Substance Abuse Counselor

ALPHA PROGRAM INCENTIVES

- ◆ Possible early release, saving hundreds of jail days annually
- ◆ Eligible for Earned Time Credit for Probation
- ◆ Participants can earn up to 225 community service hours
- ◆ Released into our community with the following :
 - * Alcohol and Drug-free lifestyle
 - * Healthier relationships
 - * Restructured cognitive (thinking) skills
 - * Healthy interests and goal-setting skills
 - * Lasting recovery